

Winterizing Your Car Could Save Your Life In a Snow Storm

Fall is the perfect time to begin winterizing and assembling a winter car kit. Winterizing the family car is simple. Before the thermometer drops, car owners need to check the antifreeze, oil and fluid levels, the heating system, and get snow tires or make sure the all-weather tires have plenty of tread.

One of the most important things you can do during the winter is to listen to upcoming weather reports and fill the gas tank before the bad weather hits. A *Winter Car Kit* can literally save your life during a snowstorm. Wise drivers store emergency supplies in their car trunks.

Items for a Winter Car Kit should include:

- battery-powered radio with spare batteries (in case your car radio fails)
- flashlight with extra batteries
- first aid kit with a manual
- blanket or two and extra clothing
- booster cables to restart a dead battery
- shovel and a box of sand or old house shingles will give tires needed traction
- salt for your driveway. Melting snow might be easier to shovel and cause less strain on your heart.
- Store snacks and drinking water in the car trunk so they will be handy if you get caught in a storm.
- If you have car trouble on the road, a fluorescent orange cloth tied to the antenna and safety flares will alert other drivers that you need help.