

DR Volleyball Courses



These courses offer the correct “dosage” of safe and age-appropriate volleyball instruction to players. Courses are designed to provide a fundamental, fun approach to volleyball. Accepting “patients” in 4th grade thru High School. Each course includes six weeks of instruction, under the guidance of a "phd-like" teaching staff, who focus on skill development and game play including passing, setting, hitting, serving, digging, and blocking with daily skills, drills, & scrimmages.

Wednesdays: 4th - 6th grades, 5:15 p.m.-6:15 p.m.

Thursdays: 7th - 12th grades, 5:15 p.m.-6:15 p.m.

\$75 per student, per session

Classes held at the Kirkwood Community Center, 111 S Geyer Rd. Kirkwood Mo 63122
Staff instructors are current Collegiate, USAV volleyball players, coaches, or referees.

2017 DR Volleyball Course Dates

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|---------------------------------------|------------|-------------|
| 1/4 - 2/9 | 2/22- 3/30 | 4/12 - 5/18 |
| 5/31- 7/6 | 7/19- 8/24 | 9/6 - 10/12 |
| 10/25 - 12/7 - No class 11/22 & 11/23 | | |

DR Volleyball Registration

Participant Name _____ Phone Number _____

Address _____ City, _____

State _____ Zip _____ Email Contact: _____

Grade: _____ D.O.B ____/____/____ Gender: Female Male

Course Dates: _____

Or signup up online at www.kirkwoodmo.org

Release for Participant by Parent: *In consideration of your accepting my child's entry, I hereby, for myself, my child, my heirs, executors and administrators waive and release any and all rights and claims for damages I or my child have against DR Volleyball, the City of Kirkwood, each of their representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups.*

Parent/Guardian Name _____ Signature _____ Date _____

Any allergies and medications we need to be aware of: _____

INCLUSIVE RECREATION SERVICES - AMERICAN WITH DISABILITIES ACT (ADA) - The Kirkwood Parks and Recreation Department invites people with and without disabilities to participate in our programs and events. Please let us know when you register if accommodations due to a disability are needed to enable your participation, or to let us know if there are medications or allergies of which we should be aware. For assistance in arranging accommodations for your participation, or to notify us of medical concerns, please contact Terri Johnson, CTRS/CPRP, Executive Director of Municipal Partners for Inclusive Recreation at 314-835-6157 or use Relay Missouri 1-800-735-6157 to discuss your participation

Pre registration required, deadline one week before start date, Minimum of 6 needed.

Kirkwood Parks and Recreation 111 South Geyer Road, Kirkwood, MO 63122

For more info call: 314-822-5855